Links to the Victorian Curriculum

Source: Victorian Curriculum, VCAA

http://victoriancurriculum.vcaa.vic.edu.au/

> Health and Physical Education

>> Movement and Physical Activity

F	Practise fundamental movement skills and movement sequences using different body parts and in response to stimuli in indoor, outdoor and aquatic settings(VCHPEM064) Identify and describe how their body moves in relation to effort, space, time, objects and people(VCHPEM067) Use trial and error to test solutions to movement challenges (VCHPEM069)
1-2	Perform fundamental movement skills in different movement situations in indoor, outdoor and aquatic settings (VCHPEM080) Construct and perform imaginative and original movement sequences in response to stimuli(VCHPEM081) Discuss the body's reactions to participating in physical activities (VCHPEM083) Incorporate elements of effort, space, time, objects and people in performing simple movement sequences(VCHPEM084) Propose a range of alternatives and test their effectiveness when solving movement challenges(VCHPEM086)
3-4	Practise and refine fundamental movement skills in different movement situations in indoor, outdoor and aquatic settings (VCHPEM097) Perform movement sequences which link fundamental movement skills (VCHPEM098) Practise and apply movement concepts and strategies(VCHPEM099) Combine the elements of effort, space, time, objects and people when performing movement sequences(VCHPEM101) Apply innovative and creative thinking in solving movement challenges (VCHPEM103)
5-6	Practise specialised movement skills and apply them in different movement situations in indoor, outdoor and aquatic settings (VCHPEM115) Design and perform a variety of movement sequences(VCHPEM116) Propose and apply movement concepts and strategies(VCHPEM117) Participate in physical activities designed to enhance fitness, and discuss the impact of regular participation on health and wellbeing (VCHPEM118) Manipulate and modify the elements of effort, space, time, objects and people to perform movement sequences (VCHPEM119) Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges (VCHPEM121)

7-8	Use feedback to improve body control and coordination when performing specialised movement skills (VCHPEM133)
	Compose and perform movement sequences for specific purposes in a variety of contexts(VCHPEM134)
	Practise, apply and transfer movement concepts and strategies (VCHPEM135)
	Participate in physical activities that develop health-related and skill-related fitness components, and create and monitor personal fitness plans(VCHPEM136)
	Demonstrate and explain how the elements of effort, space, time, objects and people can enhance performance (VCHPEM137)
	Participate in and investigate the cultural and historical significance of a range of physical activities(VCHPEM138)
	Evaluate and justify reasons for decisions and choices of action when solving movement challenges(VCHPEM140)
9-10	Perform and refine specialised movement skills in challenging movement situations (VCHPEM152)
	Evaluate own and others' movement compositions, and provide and apply feedback in order to enhance performance situations (VCHPEM153)
	Develop, implement and evaluate movement concepts and strategies for successful outcomes (VCHPEM154)
	Design, implement and evaluate personalised plans for improving or maintaining their own and others' physical activity and fitness levels (VCHPEM155)
	Analyse the impact of effort, space, time, objects and people when composing and performing movement sequences (VCHPEM156)
	Examine the role physical activity, outdoor recreation and sport play in the lives of Australians and investigate how this has changed over time(VCHPEM157)
	Transfer understanding from previous movement experiences to create solutions to movement challenges (VCHPEM159)